



# Sri Lanka

## 04 Nights & 05 Days

Sri Lanka, often referred to as the Pearl of the Indian Ocean, is a mesmerizing island nation rich in natural beauty and cultural heritage. With its pristine beaches that stretch along the coastline, verdant forests teeming with wildlife, and majestic mountains offering breathtaking views, Sri Lanka captivates every visitor. Recognized by 'Lonely Planet' as the top travel destination for 2019, this enchanting island boasts a diverse landscape that includes lush rainforests, arid plains, and ancient historical sites that tell stories of its vibrant past. From the enchanting ancient cities to the rich biodiversity found in its national parks, Sri Lanka is a destination that promises unforgettable experiences for all who visit.





## Sri Lanka Tour Summary

Day & date	City	Theme	Key Activities
Day - 1	Sigiriya	Culture Adventure History Adventure	<ul> <li>Arrival and moving to Sigiriya</li> <li>and on the way visit Pinnawala</li> <li>elephant Orphanage</li> <li>Next Dambulla Cave temple</li> <li>Night In sigiriya</li> </ul>
Day - 2	Sigiriya	Culture Adventure History Hiking	<ul> <li>Visit sigiriya lion rock</li> <li>Next village safari in Sigiriya to</li> <li>explore traditional life in Sri</li> <li>Lanka</li> <li>Visit Ayurvedic Herb treatment</li> <li>in sigiriya ( only in sigiriya Sri</li> <li>Lanka )</li> <li>Night in sigiriya</li> </ul>
Day - 3	Kandy	Culture Adventure	<ul> <li>Moving to Kandy</li> <li>On the way visit Matale Spice</li> <li>garden</li> <li>Visit Gem museum and</li> <li>Traditional dancing show in</li> <li>Kandy (Kandy is the Sri Lanka last Sinhalese kingdom)</li> <li>Night in Kandy</li> </ul>
Day - 4	Kandy	<ul><li>Culture</li><li>History</li><li>Adventure</li></ul>	<ul> <li>Visit Kandy Tooth Temple ( most important temple in Sri Lanka)</li> <li>Visit peradeniya flower garden</li> <li>Visit ambuluwawa Tower</li> <li>Night in Kandy</li> </ul>



Day - 5







Sigiriya, or the "Lion Rock," is one of Sri Lanka's most impressive ancient sites, known for its unique blend of natural beauty, historical significance, and architectural marvels. Built by King Kashyapa in the 5th century AD, this 200-meter-high rock fortress was once a royal palace and is now a UNESCO World Heritage Site. Sigiriya features sophisticated gardens, hydraulic systems, and the famous frescoes of celestial maidens, which capture the artistic skill of ancient Sri Lankan painters. Here is a suggested tour plan to experience the full scope of Sigiriya's beauty and history:







The Pinnawala Elephant Orphanage in Sri Lanka is a renowned sanctuary dedicated to caring for orphaned, injured, and abandoned elephants. Founded in 1975 by the Sri Lankan Department of Wildlife Conservation, it initially started with a small group of elephants and has since grown into one of the largest elephant sanctuaries in the world. Located near the Ma Oya River in Pinnawala village, the orphanage provides a natural habitat where these elephants can live safely and interact freely.

One of the highlights at Pinnawala is the daily routine where the elephants are led to the river for a communal bath. This scenic event is a popular attraction for visitors, who can watch the elephants splash, socialize, and enjoy the water. The orphanage also offers feeding sessions, where tourists can observe or even participate in bottle-feeding baby elephants. The orphanage is actively involved in breeding efforts, contributing to the conservation of the species and preserving the cultural heritage of Sri Lanka's elephant population.



## **2** Detailed Itinerary

## 🛅 Day 01 & 02 Program – Sigiriya

### Day 01 -

- Arrival and moving to Sigiriya
- and on the way visit Pinnawala
- elephant Orphanage
- Next Dambulla Cave temple
- Night In sigiriya

### Day 02 -

- Visit sigiriya lion rock
- Next village safari in Sigiriya to
- explore traditional life in Sri
- Lanka
- Visit Ayurvedic Herb treatment
- in sigiriya ( only in sigiriya Sri
- Lanka )
- Night in sigiriya

A Overnight stay in Sigiriya.

Warm Weather Climate [ Avg. Temp. 22°C - 29°C]

• Approximate travel time from **Airprt** to **Sigiriya** is 3 hours 12 mins. \*



## ᢜ Sigiriya Highlights





Designated a World Heritage Site in 1982, Sigiriya Rock Fortress built in the 5th century, rises a sheer 200 meters above a forested plain.



This boat ride is ideal for nature lovers and bird watchers Experience the real Sri Lankan rural village life where you as they will be surrounded with the scrub jungle and the will travel in a Bullock cart in a village through golden vibrant bird life



Get invited to a villager's home and experience the village Though this national park is most famous for elephants, a life. Embrace the warm hospitality as you enjoy a home- diversity of wildlife lives here including spotted deer, cooked meal with a tropical drink. purple-faced langur monkeys, etc



**Ayurveda Treatment in Sigiriya** Ayurvedic treatment in Sigiriya offers visitors a unique opportunity to experience traditional Sri Lankan wellness therapies amidst scenic surroundings. Many resorts and wellness centers near Sigiriya provide authentic Ayurvedic treatments, including massages, herbal baths, and oil therapies designed to balance the body, mind, and spirit.



Dambulla Cave Temple

A UNESCO World Heritage Site, this ancient cave complex is adorned with over 150 Buddha statues and vibrant murals dating back over 2,000 years. The temple serves as a spiritual and cultural landmark, highlighting Sri Lanka's rich Buddhist heritage.



## \* Pinnawala Highlights



This orphanage is one of Sri Lanka's most popular wildlife attractions, providing a safe haven for orphaned and injured elephants. It's essential for wildlife conservation and offers a rare opportunity to observe elephants in a natural setting. Watching them bathe in the river is a memorable experience



## KANDY





Explore the cultural capital of Sri Lanka and delve deep into the essence of the island. With mindblowing scenery and well-preserved Sri Lankan culture and traditions, the city will surprise you at every corner. The temple of the tooth being the main attraction, Kandy has many interesting attractions, which include Udawaththa Kele Sanctuary, Kandy lake, and Bahirawa Kanda temple. Get a glimpse into the luxurious lives of the ancient king as you experience the authentic Sri Lankan culture while pampering yourself with modern luxuries and enjoying the cool climate and traditional valu



# Day 03 & 04 Program – Kandy

## Day 03 -

- Moving to Kandy
- On the way visit Matale Spice
- garden
- Visit Gem museum and
- Traditional dancing show in
- Kandy (Kandy is the Sri Lanka last Sinhalese kingdom)
- Night in Kandy

### Day 04 -

- Visit Kandy Tooth Temple (most important temple in Sri Lanka)
- Visit peradeniya flower garden
- Visit ambuluwawa Tower
- Night in Kandy

Overnight stay two days in **kandy**.

- Warm Weather Climate [ Avg. Temp. 18°C 29°C]
- O Approximate travel time from **Sigiriya** to **Kandy** is 2 hour 32 mins



## Kandy Highlights



#### Kandy

known for its sacred temples and serene lake, Kandy is a key cultural center in Sri Lanka, with rich traditions and historical significance.



Kandy lake

Kandy lake round Go for a walk around Kandy Lake, located at the heart of Kandy city, next to the temple of the tooth, the glistening waters of the lake will calm your mind.



#### **Temple of the Tooth**

Temple of the Tooth Relic The heart of Sri Lankan Buddhists, which is the home to the sacred tooth relic of Buddha. The ancient place complex is famous for wall paintings, and wood carvings



#### **Royal Botanical Garden**

Royal Botanical Garden The garden is full of tropical plants, including a range of flowers, ferns, palm trees, and orchids and provides ample opportunities to get lost in nature





#### Kandy view point

Kandy view point Enjoy the beauty of the entire Kandy city, from famous landmarks to lush greeneries to the busy city life of the area at the Kandy viewpoint.



#### Ambuluwawa

Biodiversity Complex and Tower is a unique and relatively modern landmark located near Gampola. This multi-religious complex is centered around a striking spiraling tower that offers panoramic views of the surrounding mountains, valleys, and towns.





#### Kandy dance show

Kandy dance show is a cultural highlight, featuring traditional Sri Lankan music, vibrant costumes, and dance styles that have been preserved for centuries. It connects visitors to the island's artistic heritage.

#### **Spices Garden**

Sri Lanka is famous for its spices, and this garden tour provides an educational experience on how spices like cinnamon, cloves, and cardamom are grown and used in traditional medicine, food, and beauty products



# Departure Departure Departure Departure

• According to your flight time Departure



## Your Tour Map





## Thank You!

Your travel partner in Sri Lanka Prepared by; Chamara Head operation Ceylon Chama Tours.